



# Lunch Menu Selection

## How to select your meal

1. Collect your tray and plate.
2. Select your salad and/or hot accompaniments (see 'buffet' below).
3. Weigh your plate.
4. Select your hot meat/poultry (see 'hot meat/poultry selection' below).
5. Process to the cashiers and pay.

## Hot Meat/Poultry Selection

Pie (Ostrich / Chicken)	R47.50
Roast Chicken	R69.50
Beef (Roast Beef, Brisket, etc.)	R90.50
Lamb	R99.50

## Buffet

Assortment of Hot Vegetable dishes	R25.00 /100g
Assorted Salads	R25.00 /100g
Fresh Fruit	R12.00

## Buffet

Chef's Special dish of the day (See blackboard for details)	R87.50
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## Pizza Slice

Dassie (Magherita)	R40.00
Fynbos (Vegetarian)	R48.00
Lion's Head (Beef Salami)	R48.00
Robben Island (BBQ Chicken)	R48.00
Breakfast (Sausage, Baked Beans, Fried Egg)	R48.00

## Coffee and Cake Bar

A range of fresh Homemade cakes and muffins	from R23.00
Hot beverages (Tea, Coffee, Specialty Coffee)	from R19.50